Syllabus:
HTS 125 Twelve Powers of Man

Course Overview

Course Instructor
Name: Rev. Maggie Alderman
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Response Time Policy: Within 24 hours of call or email. Otherwise indicated through an automatic message.

Course Description
As a result of his inner exploration and experiences, as well as his metaphysical interpretation of the Bible, Charles Fillmore developed a powerful tool for spiritual development and healing commonly known as “the twelve powers.” The teaching and practice of the 12 powers includes awareness of “power centers” in the body, similar to the “chakra” system in yoga. The system connects the power centers to spiritual qualities symbolically associated with the 12 Disciples of Christ; the Christ is symbolically associated with the Spiritual or Higher Self. Students will explore and experientially apply the 12-power system as a way of realizing and releasing their inner divinity.

Course Learning Objectives
By the end of the course, learners will be able to:

- Name and describe the 12 powers both from ego/personality and Christ Consciousness.
- Explain degeneration, generation, and regeneration and how they apply in your life.
- Demonstrate applications of each of the 12 Powers in your life.

Required Text/Readings

Additional Reference
- Cuddy, Amy, Presence, Back Bay Books, New York [NOT REQUIRED].
Live Collaborate Class Sessions

*Tuesday, 7:00 pm to 8:30 pm. All times Central Time (CT) Zone*

**January 2022**
1. January 18, 2022
2. January 25, 2022

**February 2022**
3. February 1, 2022
4. February 8, 2022
5. February 15, 2022
6. February 22, 2022

**March 2022**
7. March 1, 2022
8. March 8, 2022