



# Syllabus:

## HTS-105 Metaphysics 1

---

### Course Overview

#### Course Instructor

<b>Name</b>	Rev. Patricia Veenema, M. Div.
<b>Virtual Office Hours</b>	Monday – Wednesday, 10 am to 6 pm (Central Time). “Office Hours” are when you can arrange to talk with Rev. Pat “live.” We can also arrange to meet on weekends.
<b>E-Mail</b>	<a href="mailto:newvistaunity@gmail.com">newvistaunity@gmail.com</a> or utilize the Blackboard email service.

#### Course Description

The first phase for becoming a “metaphysician-practitioner” is learning the fundamental Principles. Assimilating and practicing those Principles helps us awaken awareness and understand of spiritual Truth. This “first phase” course encourages students to enter into that awakening and understanding so that they can apply the principles in everyday lives and experience the “first fruits” of spiritual understanding.

#### Learning Objectives

Upon completion of this course, learners will be able to:

- Articulate and use Unity’s affirmative prayer process.
- Explain the significance of the Silence and meditation and their relationship to each other.
- Compare Unity’s view and the traditional view of Divine Purpose, Will, Plan and Guidance.
- Illustrate some of the key aspects and process of building Christ Consciousness.
- Differentiate the Absolute Realm (the Absolute) from the relative realm (the relative) including the analysis of Cause and Effect/cause and effect.
- Explain the essential Unity concept, “life is consciousness,” and its relationship to self-awareness and self-knowledge.

#### Required Text/Readings

- Hasselbeck, Paul. *Heart-Centered Metaphysics*. Unity Village, MO: Unity House. 2010.
- Hasselbeck, Paul and Holton, Cher. *Applying Heart-Centered Metaphysics Workbook*. Unity Village, MO: Unity Books. 2012.

## Recommended Readings/Handouts

- Cady, H. Emilie. *Lessons in Truth*. Unity Village, MO: UnityBooks.
- Hasselbeck, Paul. *Point of Power*. Durham, NC: Prosperity PublishingHouse.

## Live Collaborate Class Sessions: Tuesdays, all times CDT

*Tuesdays, 6:30 to 8:30 pm. All times Central Time (CT) Zone*

### January 2019

1. January 22, 2019 – No Collaborate Session > Watch recorded instructional video.
2. January 29, 2019

### February 2019

3. February 5, 2019
4. February 12, 2019
5. February 19, 2019
6. February 26, 2019

### March 2019

7. March 5, 2019