



# Syllabus:

## HTS-105 Metaphysics 1

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### Course Overview

#### Course Instructor

<b>Name</b>	Rev. Patricia Veenema, M. Div.
<b>Virtual Office</b>	By appointment
<b>Hours</b>	
<b>Telephone or Text</b>	(919) 308-5653
<b>E-Mail</b>	<a href="mailto:newvistaunity@gmail.com">newvistaunity@gmail.com</a> or utilize the Blackboard email service.

#### Course Description

The first phase for becoming a “metaphysician-practitioner” is learning the fundamental Principles. Assimilating and practicing those Principles helps us awaken awareness and understand of spiritual Truth. This “first phase” course encourages students to enter into that awakening and understanding so that they can apply the principles in everyday lives and experience the “first fruits” of spiritual understanding.

#### Learning Objectives

Upon completion of this course, learners will be able to:

- Differentiate the Absolute Realm (the Absolute) from the relative realm (the relative) including the analysis of Cause and Effect/cause and effect.
- Explain the significance of the Silence and meditation and their relationship to each other.
- Illustrate some of the key aspects and process of building Christ Consciousness.
- Compare Unity’s view and the traditional view of Divine Purpose, Will, Plan and Guidance.
- Explain the essential Unity concept, “life is consciousness,” and its relationship to self-awareness and self-knowledge.
- Articulate and use Unity’s affirmative prayer process.

#### Required Text/Readings

- Hasselbeck, Paul. *Heart-Centered Metaphysics*. Unity Village, MO: Unity House. 2010.
- Hasselbeck, Paul and Holton, Cher. *Applying Heart-Centered Metaphysics Workbook*. Unity Village, MO: Unity Books. 2012.

#### Recommended Readings/Handouts

- Cady, H. Emilie. *Lessons in Truth*. Unity Village, MO: UnityBooks.
- Hasselbeck, Paul. *Point of Power*. Durham, NC: Prosperity PublishingHouse.

## **Live Collaborate Class Sessions**

*Wednesdays, 7:00 to 8:30 pm. All times Central Time (CT) Zone*

### **January 2022**

1. January 19, 2022
2. January 26, 2022

### **February 2022**

3. February 2, 2022
4. February 9, 2022
5. February 16, 2022
6. February 23, 2022

### **March 2022**

7. March 2, 2022
8. March 9, 2022