



# Syllabus

## TAS 105 I of the Storm

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### Course Overview

#### Course Instructor

<b>Name</b>	Rev. Glenda Walden
<b>Office Hours</b>	Tuesdays, 8:00 – 9:00 pm Central Time
<b>E-Mail</b>	<a href="mailto:evolve@unity.org">evolve@unity.org</a>

#### Course Description

This course is based on the books, “The I of the Storm” by Rev. Dr. Gary Simmons and “I of the Storm for Teens” by Rev. Dr. Jane Simmons. In this course, students will explore the principles of embracing conflict and creating peace in everyday life. This course is designed to help students function from their heart center, demonstrate Unity principles in times of conflict, and complete a 21-day reconciliation practice.

#### Learning Objectives

Upon completion of this course learners will be able to:

- Explain the four elements of conflict and the spiritual practices that resolve them
- Identify the obstacles to inner peace in daily living
- Use the 21-day reconciliation journaling practice.

#### Required Text/Readings\*

There are three required texts:

- *The I of the Storm: Embracing Conflict, Creating Peace* by Gary Simmons
- *I of the Storm for Teens* by Jane Simmons
- *21 Day Reconciliation Journal*

\*All three texts available through [www.theartofquantumliving.com](http://www.theartofquantumliving.com)

#### Recommended Readings/Handouts

- *You Can't Sleep Through Your Awakening* by Jane Simmons

#### Live Collaborate Class Sessions

***Tuesdays, 6:30 pm to 8:00 pm. All times Central Time (CT) Zone***

### **February 2023**

1. February 7, 2023
2. February 14, 2023
3. February 21, 2023
4. February 27, 2023

### **March 2023**

5. March 7, 2023
6. March 14, 2023