



Syllabus

TAS 105 I of the Storm

Course Overview

Course Instructor

Name	Rev. Dr. Gary Simmons Rev. Dr. Jane Simmons
Office Hours	Thursdays, 8:00 – 9:00 pm Central Time
Telephone	(816) 813 - 2998
E-Mail	drgary@drgarysimmons.com or drjanesimmons@gmail.com

Course Description

This course is based on the books, “The I of the Storm” by Rev. Dr. Gary Simmons and “I of the Storm for Teens” by Rev. Dr. Jane Simmons. In this course, students will explore the principles of embracing conflict and creating peace in everyday life. This course is designed to help students function from their heart center, demonstrate Unity principles in times of conflict, and complete a 21-day reconciliation process.

Learning Objectives

Upon completion of this course learners will be able to:

- Explain the four elements of conflict and the spiritual practices that resolve them
- Identify the obstacles to inner peace in daily living
- Use the 21-day reconciliation process

Required Text/Readings*

There are three required texts:

- *The I of the Storm: Embracing Conflict, Creating Peace* by Gary Simmons <https://shop.theqprocess.com/product/the-i-of-the-storm-embracing-conflict-creating-peace/>
- *I of the Storm for Teens* by Jane Simmons, <https://shop.theqprocess.com/product/i-of-the-storm-for-teens/>
- *21 Day Reconciliation Journal* <https://shop.theqprocess.com/product/day-by-day-reconciliation-journal/>

Recommended Readings/Handouts

- *You Can't Sleep Through Your Awakening* by Jane Simmons

Live Collaborate Class Sessions

Thursdays, 6:00 pm to 8:00 pm. All times Central Time (CT) Zone

January 2022

1. January 27, 2022

February 2022

2. February 3, 2022
3. February 10, 2022
4. February 17, 2022
5. February 24, 2022

March 2022

6. March 3, 2022