

Syllabus

SPD 120 Discerning Your Purpose

Course Overview

Course Instructor

Name	Reverend Doug Duerr, SME
Virtual Office Hours	Thursdays between 3:00 and 5:00 p.m. Central by appointment
Telephone	Office: 816-875-9750
E-Mail	revdoug@ministryspecialist.com
Response Time Policy	Within 24 hours of call or email unless otherwise indicated. With the exception of Saturday and Sunday. I will not be available for calls or respond to e-mails on weekends.

Course Description

The spiritual path diverges in many ways. Discerning which path to take is both a reflective and an action-packed process. In this course, we take a look at our strengths and abilities, as well as, our desires and passions to help to determine what actions to take or better yet, to discover the questions. Getting to a full-bodied 'yes' may be a desired outcome for some, while for others may find forming the questions for clarity more beneficial. Being on the path of your purpose is enlivening and fulfilling, and it also comes with real-life challenges. How do we navigate this terrain?

Rev. Doug Duerr, SME, designed this course, after years as a coach, trainer, and mentor to those on the path of self-discovery. The invitation is to be open, trust the process and "invite your inner wisdom teacher to emerge, it knows the way."

Discerning Your Purpose provides a process for challenging your thoughts and desires along with accountability steps to manifest that achievement. Learners will explore their skills, abilities and spiritual gifts while discovering the 'next steps' for progressing to the desired outcome.

Course Learning Objectives

By the end of the course, learners will be able to:

- Articulate and refine a clear vision/purpose statement with steps of accountability and goals along the way
- Develop a time line of goals; identify and celebrate when at each stage
- Define personal skills, abilities and passions; understand the difference and determine the next steps to support their purpose

Required Text/Readings

- Levoy, Gregg. *Callings: Finding and Following an Authentic Life*. any edition. New York: Three Rivers Pr., ©1998.

Recommended Readings/Handouts

- Brumet, Robert. *Finding Yourself in Transition: Using Life's Changes for Spiritual Awakening*. Unity Village, MO: Unity Books, 2001, 1995.
- Rosenberg, Marshall. *Nonviolent Communication: A Language of Life*. Puddledancer Press; 3rd edition. September 1, 2015.
- As assigned

Live Collaborate Class Sessions

All times Central Time (CT) Zone

January 2023

1. Tuesday, January 31 – 7:00 to 8:30 p.m. CT

February 2023

2. Tuesday, February 7 – 7:00 to 8:30 p.m. CT
3. Tuesday, February 14 – 7:00 to 8:30 p.m. CT
4. Tuesday, February 21 – 7:00 to 8:30 p.m. CT
5. Tuesday, February 28 – *No live Collaborate Session. This will be a great time to connect with your assigned partners for the final assignment.*

March 2023

6. Tuesday, March 7 – 7:00 to 8:30 p.m. CT
7. Tuesday, March 14 – 7:00 to 8:30 p.m. CT