



Syllabus: SPD 500 Prayer & Meditation

Course Overview

Course Instructor

Name	Rev. Aliza Bloom Robinson
Virtual Office Hours	By appointment
Telephone	816-284-7579
E-Mail	RevAlizaB@gmail.com
Response Time Policy	Within 24 hours of call or email unless otherwise indicated through automatic message.

Course Description

The goal of this course is to understand and be able to apply the principles and practices of prayer that are essential for effective ministry. The primary focus is on the Unity method of prayer and meditation and its application in church ministry. A brief introduction to the theory and practice of spiritual direction, as would apply in a Unity ministry, is included in this course.

Course Learning Objectives

Upon completion of this course, learners will be able to:

1. Articulate Unity's process of prayer and meditation.
2. Effectively apply prayer practices for various ministerial functions within a Unity ministry.
3. Apply prayer and meditation within their own lives.
4. Provide counseling and direction for congregants seeking to improve their prayer life.

Required Text/Readings

- Butterworth, Eric. *Discover the Power Within You*. New York: Harper & Row, 1968.
- Cady, H. Emily. *Lessons in Truth*. Unity Village; MO, Unity, Undated.
- Fillmore, Charles, and Cora. *Teach Us to Pray*. Kansas City: MO, Unity School of Christianity, 1949.
- Foulks, Frances. *Effectual Prayer*, 3rd ed. Unity Village MO: Unity Books, 2002.

Recommended Text/Readings

- Butterworth, Eric. *The Universe is Calling: Opening to the Divine Through Prayer*. San Francisco: Harper Collins, 1993.
- Ellsworth, Robert. *Come Ye Apart for Awhile*. Lee's Summit MO: Pathfinders. 1997
- Shanklin, Imelda. *What Are You?* Unity Village; MO: Unity Books, 1978.
- Davich, Victor. *The Best Guide to Meditation*. Renaissance Books, 1998

Live Collaborate Class Sessions:

All times Central Time (CT) Zone

September 2021

1. Thursday, September 16 – 7:00 to 8:00 p.m. CT
2. Thursday, September 23 – 7:00 to 8:00 p.m. CT
3. Thursday, September 30 – 7:00 to 8:00 p.m. CT

October 2021

4. Thursday, October 7 – 7:00 to 8:00 p.m. CT
5. Thursday, October 14 – 7:00 to 8:00 p.m. CT
6. Thursday, October 21 – 7:00 to 8:00 p.m. CT
7. Thursday, October 28 – 7:00 to 8:00 p.m. CT

November 2021

8. Thursday, November 4 – 7:00 to 8:00 p.m. CT
9. Thursday, November 11 – 7:00 to 8:00 p.m. CT
10. Thursday, December 18 – 7:00 to 8:00 p.m. CT