



# Syllabus

## SPD 503 Developing Emotional & Spiritual Intelligence

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### Course Overview

#### Course Instructor

<b>Name</b>	Rev. Kelly Isola, MDiv
<b>Virtual Office Hours</b>	By appointment.
<b>Telephone</b>	(816) 550-3475
<b>E-Mail</b>	<a href="mailto:kisola@me.com">kisola@me.com</a>
<b>Response Time</b>	Within 24 hours /call or email, Monday – Thursday.
<b>Policy</b>	Within 48 hours Friday – Sunday, unless otherwise indicated through automatic message.

#### Course Description

Emotional Intelligence (EQ) literature shows a strong correlation between EQ and leadership success. This class builds on EQ and explores the development of Spiritual Intelligence (SQ) as defined by the literature and its role in leadership in ministry. Spiritual leaders in all faiths have common characteristics. The aim of this class is to examine these characteristics and their expressions. Strategies will be developed to strengthen them in self and others for personal development as well as leadership development. Specific tools will be introduced and practiced for some of the EQ and SQ skills as they pertain to Unity teachings and leadership in ministry in Unity.

#### Course Learning Objectives

Upon completion of this course, learners will be able to:

1. Identify and measure personal areas of EQ and SQ strengths and challenges for leadership.
2. Develop and implement strategies for EQ and SQ growth in self and ministry.
3. Articulate and examine EQ and SQ characteristics and their application and development in ministry.
4. Research and design a system for cultivating EQ and SQ maturity in your ministry.

## Prerequisite

- SPD 505 Self-Awareness

## Recommended Courses

- HTS 105 Metaphysics 1
- HTS 110 Metaphysics 2
- HTS 115 Metaphysics 3
- HTS 120 Metaphysics 4
- SPD 111 I of the Storm
- TAS 100 Conversation Skills
- SPD 115 Self-Care

## Required Text/Readings

- SQ21 Assessment - **TO BE COMPLETED BEFORE READING THE BOOK.** This Assessment is purchased through Rev. Kelly. The cost for the assessment is \$59, payable to Rev. Kelly. Once you have purchased the assessment, you will be sent a link with a password for accessing it. Included in that email, you will be given instructions and information for taking the assessment. Plan on 30-40 minutes for the assessment. After you have taken it, the final report will be sent to Rev. Kelly, and she will contact you to schedule a 90-minute debriefing session to review the assessment results. This entire process must be completed PRIOR to January 29, 2019.
- Wigglesworth, Cindy. *SQ21: The Twenty-One Skills of Spiritual Intelligence*. 2012. ISBN 978-1-59079-235-3

## Recommended Text/Readings

- Goleman, Daniel, *Primal Leadership: Unleashing the Power of Emotional Intelligence*. Harvard Business Review Press, 2013. ISBN: 1422168034.
- Goleman, Daniel, *Emotional Intelligence: Why It Can Matter More Than IQ*. Bantam Books, 2005. ISBN 10: 055338371X
- Fowler, James. *Stages of Faith*. HarperOne, 1995. ISBN 0060628669

## Other Required Resources

- Websites, articles and downloads provided.

## **Live Collaborate Class Sessions:**

*All times Central Time Zone*

### **January 2018**

1. Thursday, January 10, 2019 - 6:30 pm to 8:30 pm
2. Thursday, January 17, 2019 - 6:30 pm to 8:30 pm
3. Thursday, January 24, 2019 - 6:30 pm to 8:30 pm
4. Thursday, January 31, 2019 - 6:30 pm to 8:30 pm

### **February 2018**

5. Thursday, February 7, 2019 - 6:30 pm to 8:30 pm
6. Thursday, February 14, 2019 - 6:30 pm to 8:30 pm
7. Thursday, February 21, 2019 - 6:30 pm to 8:30 pm
8. Thursday, February 28, 2019 - 6:30 pm to 8:30 pm

### **March 2018**

9. Thursday, March 7, 2019 - 6:30 pm to 8:30 pm
10. Thursday, March 14, 2019 - 6:30 pm to 8:30 pm