

Syllabus

Developing Emotional and Spiritual Intelligence

Course Overview

Course Instructor

Name	Lori Erwin-Johnson, MS Psy. DD
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Response Time Policy	Within 24 hours weekdays, 48 hours on weekends. TEXTING IS BEST.

Course Description

Emotional Intelligence (EQ) literature shows a strong correlation between EQ and leadership success this class builds on EQ and explores the development of Spiritual Intelligence (SQ) as defined by the literature and its role in leadership in ministry. Spiritual leaders in all faiths have common characteristics. The aim of this class is to examine these characteristics and their expressions. Strategies are employed to develop leadership skills in self and others for personal development as well as professional development. Specific tools will be introduced and printed for some of the EQ and SQ skills as they pertain to Unity teachings and leadership in ministry in Unity - in particular for leading through disaster and for digital ministry.

Course Learning Objectives

By the end of this course learners will be able to:

- Identify and measure personal areas of EQ and SQ strengths and challenges for leadership.
- Develop and implement strategies for EQ and SQ growth in self and ministry.
- Articulate and examine EQ and SQ characteristics in their application and development in ministry.
- Research and design a system for cultivating EQ and SQ maturity in your ministry.

Prerequisite

- SPD 505 Self-Awareness
- HTS 105 Metaphysics 1
- HTS 110 Metaphysics 2
- HTS 115 Metaphysics 3
- HTS 120 Metaphysics 4
- SPD 111 I of the Storm
- TAS 100 Conversation Skills
- SPD 115 Self-Care

Required Books

- *Spiritual Intelligence: The Ultimate Intelligence* by Danah Zohar and Ian Marshall, ISBN 978-0747536444
- *Get Smart About Emotions: A Practical Guide to Emotional Intelligence* by David Walton, ISBN 978-1606712788

Recommended Reading

- *Emotional Intelligence: Why It Can Matter More Than IQ* by Daniel Goleman
- *Integral Spirituality: A Startling New Role for Religion in the Modern and Postmodern World* by Ken Wilber
- *How God Changes Your Brain: Breakthrough Findings from a Leading Neuroscientist* by Andrew Newberg and Mark Robert Waldman
- *Multiple Intelligences: New Horizons in Theory and Practice* by Howard Gardner
- *Spiral Dynamics: Mastering Values, Leadership and Change* by Don Edward Beck, Christophers C. Cowen

Live Collaborate Class Sessions:

All times Central Time (CT) Zone

January 2023

1. Thursday, January 19 – 6:30 – 8:30 p.m. CT
2. Thursday, January 26 – 6:30 – 8:30 p.m. CT

February 2023

3. Thursday, February 2 – 6:30 – 8:30 p.m. CT
4. Thursday, February 9 – 6:30 – 8:30 p.m. CT
5. Thursday, February 16 – 6:30 – 8:30 p.m. CT
6. Thursday, February 23 – 6:30 – 8:30 p.m. CT

March 2023

7. Thursday, March 2 – 6:30 – 8:30 p.m. CT
8. Thursday, March 9 – 6:30 – 8:30 p.m. CT
9. Thursday, March 16 – 6:30 – 8:30 p.m. CT
10. Thursday, March 23 – 6:30 – 8:30 p.m. CT