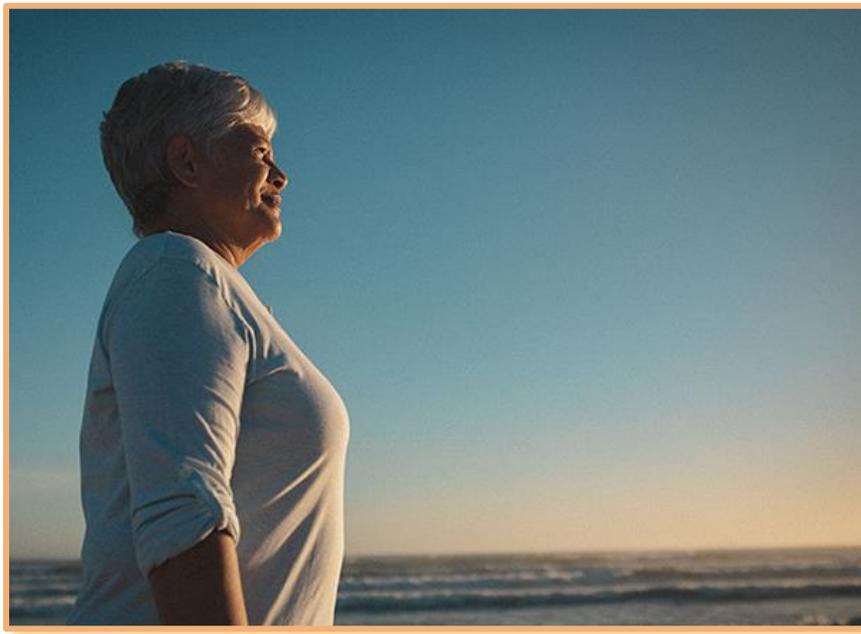


May 1, 2021

## What's the Buzz at Unity Worldwide Spiritual Institute?

UWSI's educational program will now include another path in conscious spirituality—a [Certificate in the Art of Spiritual Direction](#). It's for anyone who hears the call to:



- ❖ embrace and engage in a contemplative lifestyle,
- ❖ weave contemplative tenets into a ministry, study group, classroom, workplace environment, individual/group therapy, healthcare center, or another setting,
- ❖ deepen into one's authentic nature to align beliefs with actions,
- ❖ serve as a Certified Spiritual Director in a variety of settings.

UWSI's Art of Spiritual Direction program is a hybrid program, offering a **two-year global online and retreat study program** grounded in the wisdom tradition of perennial philosophy and Unity/New Thought and facilitated by seasoned Spiritual Direction practitioners. It invites students to search for truth beyond theologies or church creeds and outworn psychological, cultural, and social ways of being. It is a *discovery* model, rather than a teaching model. It is a pathway toward coherence of thoughts, words, and actions—toward inner peace.

## Program Basics

- ❖ The program consists of two online classes per quarter for two years, one-on-one online meetups with designated mentors, and online supervised Spiritual Direction practice with cohorts. In addition, this program consists of a weeklong residence retreat at Unity Village, Missouri, in July or August (as determined by UWSI).
- ❖ The first year primarily focuses on ways of “Being” immersed in the spiritual direction contemplative model of self-awareness. Courses will cover self-awareness, the art and ministry of spiritual direction, contemplative prayer, nature of reality/mysticism, integrating Spirit, soul, and body, plus practicums.
- ❖ The second year focuses primarily on addressing the human condition, conscious evolution, and discerned action. Courses will cover deeper self-awareness and the art and ministry of spiritual direction; the human condition; society and spirituality; spiritual direction, discerned action, and social transformation; and spiritual direction supervision.
- ❖ Program graduates will receive a certificate of completion from UWSI’s program in the Art of Spiritual Direction. This certificate, however, has no credentialing status in Unity churches or Unity Worldwide Ministries.

