Responsibility Cards

Conscious Discipline

- Responsibility cards were developed by Dr. Becky Bailey of Conscious Discipline.
- Their purpose is to help build community in the classroom. They do that by providing a role for each member of the class.
- When you have a role or can impact the classroom experience, you are more likely to participate and feel a part of the community.

Important Points

- Building connections on the outside build connections on the inside.
- We build connections by starting each class the Brain Smart Way. This means including activities that:
  - Unite – Chant, class rap, moto, pledge
  - De-stress – For safety and to bring to frontal lobes – movement of some kind.
  - Connect – energy balls, movement/songs, show how we value each other
  - Commit – value and respect differences

Included below are just a few of the roles that can be used. Be creativity on coming up with responsibilities the children and teens can do. Make sure to create enough roles so everyone can participate.

<table>
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<th>Role</th>
<th>Description</th>
<th>Tool</th>
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| Greeter            | Pre-session
Uses Greeting Board to greet arriving children. | Greeting Board            |
| Name Tag Helper    | Pre-session
Helps students make a nametag and/or makes sure all are wearing their name tag. |                           |
| Attendance Taker   | Pre-session
Makes sure that everyone has signed into the class for the day. |                           |
| New Friend Helper  | Pre-session
If there is a new student in the group, this person shares routines with him/her and introduces them to others. |                           |
| Call to Circle     | Sacred Circle Transition
Invites the students to come to the circle, then leads the circle experience. | Circle Leader Sheets      |
| Circle Set Up      | Sacred Circle
Sets up the sacred circle items and puts them away when the circle is over. | Box of sacred items: cloth, candle, bell, etc… |