

# Responsibility Cards







## Conscious Discipline

- Responsibility cards were developed by Dr. Becky Bailey of Conscious Discipline.
- Their purpose is to help build community in the classroom. They do that by providing a role for each member of the class.
- When you have a role or can impact the classroom experience, you are more likely to participate and feel a part of the community.

## Important Points

- Building connections on the outside build connections on the inside.
- We build connections by starting each class the Brain Smart Way. This means including activities that:
  - Unite – Chant, class rap, moto, pledge
  - De-stress – For safety and to bring to frontal lobes – movement of some kind.
  - Connect – energy balls, movement/songs, show how we value each other
  - Commit – value and respect differences

Included below are just a few of the roles that can be used. Be creativity on coming up with responsibilities the children and teens can do. Make sure to create enough roles so everyone can participate.

Role	Description	Tool
 Greeter	Pre-session Uses Greeting Board to greet arriving children.	Greeting Board
 Name Tag Helper	Pre-session Helps students make a nametag and/or makes sure all are wearing their name tag.	
 Attendance Taker	Pre-session Makes sure that everyone has signed into the class for the day.	
 New Friend Helper	Pre-session If there is a new student in the group, this person shares routines with him/her and introduces them to others.	
 Call to Circle	Sacred Circle Transition Invites the students to come to the circle, then leads the circle experience.	Circle Leader Sheets
 Circle Set Up	Sacred Circle Sets up the sacred circle items and puts them away when the circle is over.	Box of sacred items: cloth, candle, bell, etc...