



unity
of Dallas
Unitydallas.org



S.E.E. in the Field

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**Spiritual Education
& Enrichment**

Oct. 10-14, 2022

Wherever you are on your spiritual journey, your path at Unity begins with SEE courses.

Classes may be taken for your own enjoyment or for SEE course credit. Either way, your experiences will enrich your everyday life, for the rest of your life.

Each class is two hours in length with a 15-minute break built in and runs daily, Monday-Friday, all times Central Daylight Time.

Class prices are \$65 each. If you wish to apply for S.E.E. credit, you do so through *Unity Worldwide Spiritual Institute (UWSI)*.

Register for Unity of Dallas SEE classes by *clicking HERE!*

Support Unity of Dallas by purchasing books locally at our Book Nook or through Amazon using our link *here*.

Covid-19 closures have affected book availability in some areas. Order early as delivery times are being affected and some books may be in limited quantities.

Several books may be available in digital formats as free open source references: <http://truthunity.net/gallery> (donations recommended.)

Classes will be offered as Hybrid (both Zoom and In-Person) pending current conditions and instructor availability. We will update as changes occur.

10 am - 11:45 am CDT, MONDAY - FRIDAY

Spiraling Through the Parables - Rev. Lauri Boyd - \$65.00

Explore Spiral Dynamics, a powerful model for understanding human value systems and how they influence our thoughts, words and actions. We will use the parables of Jesus to explore the spiral memes, applying what we learn to our own spiritual journey.

Required Preparation

Before the first class, watch Rev. Pat Veenema's video "Introduction to Spiral Dynamics".
<https://youtu.be/Y-K6tFbbwLM> (37:16 minutes)

10 am – 11:45 am CDT, MONDAY - FRIDAY
12 Powers – Rev. Paul Hasselbeck - \$65.00

Change your mind, change your life! But how? Learn about Unity's method of raising consciousness - the 12 Powers. Discover this powerful tool for being the Christ, Higher Self, the exceptional you! The 12 Powers is an operating system for our minds for eliminating unwanted thoughts, ideas, beliefs and images while acquiring better ones. If you ever wondered how to change your mind or raise your consciousness, this is the class for you.

Book:

PowerUp, by Paul Hasselbeck and Cher Holton OR Power UP Your Life, by Paul Hasselbeck, Cher Holton and Bil Holton

Recommended Books:

Divine Audacity, by Linda Martella-Whitsett
 Twelve Powers of Man, by Charles Fillmore

1 pm – 2:45 pm CDT, MONDAY - FRIDAY
JESUS' TEACHINGS – Rev. Geo Downer and David Drumm, LUT - \$65.00

For a deeper meaning of the core teachings of Jesus, join the eminent, convivial team of David Drum and Geo Downer. Delve into deeper meaning and understanding of the authentic sayings and actions of Jesus. These teachings have had vast influence, and transformational impact in the world. As a student of Truth, you'll examine and explore the sayings, parables, actions and miracles of Jesus through academic insight, and personal experience.

Book:

The Five Gospels, by Robert Funk et al.

Recommended Books:

Honest to Jesus, by Robert W. Funk
 Meeting Jesus Again For the First Time, by Marcus Borg
 The Acts of Jesus, What Did Jesus Really Do? by Robert W. Funk and the Jesus Seminar

1 pm – 2:45 pm CDT, MONDAY - FRIDAY
Metaphysics for a New World – Rev. Paul Hasselbeck - \$65.00

Unity is often called practical Christianity. I like to think of it as a practical metaphysical philosophy. Unity teachings are for empowering ourselves to meet any need or situation with equanimity. However, often Unity's teachings are obscured because of traditional Christian terminology. Metaphysics becomes user friendly when it is explained in plain English of this century and not the last century. The goal is to help ourselves and others have a happier life. Along the way we may spiritually grow and evolve.

Books:

Heart-Centered Metaphysics, by Paul Hasselbeck
 Using the Truth You Know, Unity's Principles and Premises, by Paul Hasselbeck

3 pm – 4:45 pm CDT, MONDAY - FRIDAY
Healing and Wholeness – Deb Stovall, LUT - \$65.00

This advanced course is based in the spiritual universal principles that support the expression of healing, health and wholeness in students' minds, bodies and affairs. Students will be working with Myrtle and Charles Fillmore's interpretation of healing and wholeness, as well as historical and contemporary master teachers. Such principles will be presented to support students in developing a practical understanding of Myrtle and Charles' theology as heart-centered metaphysicians.

Books:

How to Let God Help You, by Myrtle Fillmore
 Healing Letters, by Myrtle Fillmore
 Christian Healing, by Charles Fillmore

3 pm – 4:45 pm CDT, MONDAY - FRIDAY

Discerning Your Purpose – Rev. Geo Downer - \$65.00

Discern your spiritual life-path as a reflective and action-oriented journey! You'll evaluate abilities, desires, passions, and spiritual gifts. Determine approaches for deeper discovery. Make peace with the questions in life that are enlivening and fulfilling. Challenge yourself to know your purpose, and follow the spiritual path's myriad ways.

Books:

Callings, by Gregg Lavoy

A Hidden Wholeness: The Journey Toward an Undivided Life, by Parker Palmer

5 pm – 6:45 pm CDT, MONDAY - FRIDAY

Dark Matters – Rev. Lauri Boyd - \$65.00

In this course, we will participate in a variety of spiritual practices including journaling, guided meditations, mind mapping, moving meditations, chanting, and more. These practices help us to improve our self-awareness, engage our shadow self in dialogue, and use our new awareness to grow toward a fuller expression of Spirit in our daily lives.

Book:

Dark Matters: Discovering Wholeness in the Shadows, by Lauri Boyd (ISBN 9781514856109: Available on Amazon in hard copy and as a Kindle book)

7:15 pm – 9 pm CDT MONDAY - FRIDAY

Self Care - Rev. James Buchanan – \$65.00

The class known as: Art of Extreme Self Care, is currently a class offered to Ministers in the South Central Region. Based on world events, it is time for a version of it to be taught to all who can benefit. Burnout is not only occurring within Ministries, but in a multitude of professions during the past three years which is also known as the period of “mass resignations”. This occurrence is counter to our Unity teachings on taking care of Mind, Body and Spirit.

Along with tried-and-true Unity Self Care best practices in our curriculum, we will combine new resources including the book: The Art of Extreme Health Care. The practice of Extreme Self-Care can be a new standard for living with topics such as "End the Legacy of Deprivation," "Take Your Hands off the Wheel," "The Absolute No List," and "Does That Anger Taste Good?" We can stop the endless cycle of self-betrayal and neglect that stems from daily violations of self-care. The Art of Extreme Self-Care is a sane and sensible program that gives you the permission you need to dramatically upgrade your life!

Book:

The Art of Extreme Health Care, by Cheryl Richardson