JULY

UNDERSTANDING
BETWEEN US
FOR THE TEACHER
UNDERSTANDING

Represented by: Old Testament: Manasseh
                New Testament: Thomas
Color:         Gold
Location:      Forehead
Bible:         I Kings 3:9; Job 22:28, 32:8; Psalms 119:34, 119:105,
                136:5; Proverbs 2:1-5, 9-11, 3:5, 6 (KJV), 3:13-19, 4:7
                (KJV), 15:32, 16:22 (KJV), 18:2; Jeremiah 10:12; Daniel
                10:12; Matthew 7:7,8 and Luke 11:9,10; I Corinthians
                14:20 (KJV); Ephesians 3:17-19; Philippians 2:5; Hebrews
                11:3. Read Jacob's Ladder: Genesis 28:10ff. Genesis

We start the development of our Power of Understanding when we are first
born. We are filled with wonder, with the desire to explore and to discover. We
use our five senses. If we stop at realizing our world only through our senses,
we miss the really rich and exciting aspects of spiritual understanding. True
Understanding comes when we go within and seek guidance. It is then that
our intuition and recognition of inspiration develops. This is what causes us to
leap forward with new ideas, to develop whole new lines of thinking.

The Power of Understanding is one of my favorite tools. It is a real problem
solver. I have gone to bed at night thinking: "Dear God, I really don't know
how to translate this idea into something the children can take, use and
practice." Then as I center myself a feeling of great excitement comes over me,
knowing there will be an answer in the morning. That's called Faith. Often,
using the gift of Faith is a process and part of me will return to doubt and say,
"Quiet down, nothing may happen, and then boy, will you have your work cut
out for you!" My Faith-filled part will respond, "Hush now, I hear you, but this
is the time for you to be quiet and let God work." In the morning I awake and
there are no trumpets, no cymbals, no fireworks, not even one bell, but I know,
I understand, exactly what to do next. Maybe that is the greatest part -
knowing what to do next. Talk about feelings of joy and thanksgiving!

Trying to solve our problems all at once is overwhelming, but God helps us one
step at a time with revealing that one little piece that is next. Jacob's Ladder is
a very graphic demonstration of the Power of Understanding. You can climb a
ladder only one step at a time, and each step takes you a little closer to heaven - the place where we are "in harmony with the thoughts of God."¹ We will be using Jacob’s Ladder to tie together the whole section on Understanding.

¹ The Revealing Word, p. 94

THOMAS - THE SPIRITUAL FACULTY OF UNDERSTANDING

"Thomas is the disciple of Jesus Christ who represents the understanding faculty in mankind. Understanding and will function, or should function, in unison; each has its center of activity in the front brain, the forehead. Among the disciples of Jesus, Thomas stood for the head, representing reason and intellectual perception."

-- Metaphysical Bible Dictionary, p. 654

THE DIVINE IDEA:

"UNDERSTANDING both springs from and produces an inner feeling for right relations; it is [the] ability to lay hold of right relationships and utilize them; it is the [p]ower to grasp the essentially right relations which should exist between all objects and mental states upon this earth."

"UNDERSTANDING in the Mind of God is an idea of rightness."

"UNDERSTANDING in man is his ability to conceive and perceive right relationships."

-- "Powers of the Soul", Ella Pomeroy, p. 137
OVERVIEW FOR UNDERSTANDING

Please review the whole section on Understanding.

1ST SUNDAY: DISCOVERY page 7-4

1. Have the Gift of Understanding prepared and placed in the "Treasure Box".
2. The Five Senses - a discovery (p. 7-4).
3. Jacob's Ladder with the flannel board (p. 7-4).
4. The Parents' Page (p. 7-22).

2ND SUNDAY: ASK, SEEK, AND KNOCK page 7-9

2. Jacob's Ladder with the flannel board (p. 7-4).

3RD SUNDAY: ENLIGHTENMENT page 7-17

1. God gives us signs so we can Understand.
2. Jacob's Ladder with the flannel board (p. 7-4).

4TH SUNDAY: THERE IS ONLY GOD page 7-19

1. Understanding Feet - God stands under me.
2. Jacob's Ladder with the flannel board (p. 7-4).

5TH SUNDAY: Game and Song Day page 7-21

1. Games and Songs
BETWEEN US . . .
(FOR THE TEACHER)

It appears our first steps in Understanding come through our five senses. It may be more correct to say our first steps in understanding our PHYSICAL WORLD come through our five senses. I have had very young children, when asked how they knew something, just shrug their shoulders or say, "I just know." However it works, we can help the children develop their Power of Understanding by letting them do things. To really understand we must participate, and that cannot happen if we just read or listen to someone. We can read and hear about prayer, but if we never pray, what good is the information? By doing we see clearly and we understand.

In this lesson, the children will have chances to explore using all five of their senses. It is not important that they grasp a specific message like red and yellow make orange, but rather that they try things, explore and discover for themselves.

Jacob will be our symbol for taking us step by step in practicing the Power of Understanding.

AHEAD OF TIME

1. Make a copy of Jacob's Ladder (pp. 7-23, 24).
2. Make copies of the Parents' Page (p. 7-22), including a few extra.
3. The quickest way to make the flannel board figures is to use the copy of the Jacob's Ladder figures and cut around each figure leaving a 1/2" margin. Color the figure, glue it to a flannel scrap, and then cut it out.
4. Create ways for the children to use their five senses. Vary the difficulty according to the development of the children. Challenge the older ones. Some ideas:
   SMELL:
   1. Place on a tray things with strong smells. Try apple, peanut butter, bacon, bread, soap, flowers, herbs, etc.
   2. Blindfold a child and let him/her guess what each item is.
   TASTE:
   1. Place on a tray a variety of foods, including some of the above.
   2. With the older children, in addition to apple, have raw potato.
3. Blindfold a child (have the older children hold their noses) and let him/her guess what they are tasting.

HEAR:
1. Have the children sit quietly, close their eyes, then name the things they can hear. Let them put their ears to a seashell - a cup will work also.
2. Get a Word Catcher (Vol. 1, p. 5-11 and 5-21) and listen once again to what happens when you speak into it.

TOUCH:
1. Fill a bag full of things to feel, and without looking, identify: hair brush, sand paper, spoon, ice cube (only if you’re ready for things to get damp!), cotton ball, small book, quarter, stuffed toy, plastic building block, etc.
2. With the older children, ask one of them to put on a blindfold. With the blindfold in place, ask the child to feel with his/her fingers and guess how many marbles you are holding in your hand (hold three). Hold two marbles and repeat the above. Hold one marble in your hand, and now have the child CROSS his/her index and middle fingers and feel how many marbles are in your hand. [The children will discover that with their fingers crossed they will feel two marbles.]

SEE:
1. Make a Squish Bag for each child and let the children observe what happens in the Squish Bag as they play with them.

**SQUISH BAG**

Mix together in a pot 1 cup of corn starch, 1/3 cup of sugar, and 4 cups of water. Cook on medium heat, stirring until it thickens and starts to bubble. Divide into three separate bowls. Add red food coloring to one bowl, yellow to another, and blue to the last. Mix each, adding coloring until you get a basic red, yellow and blue. Place a separate glob of each color into a large reclosable food bag. Once cool, seal, and then to be doubly sure seal again with duct tape or some similar flexible fabric tape. Store in refrigerator. Make one for each child.

5. Check to bottom of page 7-12 to see if you would like to work the painting of the three large boxes into something the children could experience by doing in this class. It would be wise to phone the children ahead of time and have them come in old clothes for this project.
6. Gather the materials for the class.

**Materials:**

- Flannel board
- Paper
- Scissors
- Blindfold
- Bar of soap
- Seashell or cup
- Large paper bag
- 3 marbles
- Jacob's Ladder flannel board figures
- Pencil
- Pins
- 2 trays
- Flowers
- Word Catcher (See page 5-11 Taking Home the Experience)
- Squish bags
- Foods in containers: apple slices, raw potato slices, peanut butter, pieces of cooked bacon, cubes of bread, herbs
- Things to feel: hair brush, sand paper, spoon, ice cube, cotton ball, small book, quarter, stuffed toy, plastic building block

**IF PAINTING THE BOXES THIS WEEK:**
- 3 large boxes
- Brushes and non-toxic paint
- Newspapers to cover floor

**WITH THE CHILDREN**

Open the Treasure Box and draw out the Gift of Understanding. (See opening remarks. "The Twelve Gifts from God" as needed.) Go over the Color Key Program Bulletin for Thomas, the Disciple who represents Understanding. The color is gold, so we will "think gold" and remember Understanding each time we see the color gold. The location of Understanding is in the forehead.

What is Understanding? ... That's right. It's when we have figured out how to do something or how something works. This is a story about Understanding. (Using the flannel board, tell the story of Jacob's Ladder.)

Today we are going to do some experiments with our five senses to help us exercise our Power of Understanding. (Take the children through the experiments you prepared.)

Paint the boxes for next week.
IDEAS FOR TAKING HOME THE EXPERIENCE

1. The children can start practicing the Golden Rule as mentioned on the Color Key Program Bulletin in preparation for the 4th Sunday's lesson.
2. Send home a copy of the Parents' Page with each child to enable the family to practice the twelve gifts from God. You may want to mail a copy to the parent(s) of any child not present and maybe add a little note on how their child brings his/her own special light to the class, naming one attribute.
JACOB'S LADDER

Once upon a time, long before yesterday, there was a man named Jacob who was traveling through the country by foot. He still had a long way to go when it got dark, and as there was no place for him to stay, he stretched out on the ground, placed a smooth rock under his head, and went to sleep.

As Jacob slept, he had a dream that there was a ladder with its bottom resting on the earth and the top reaching to heaven. There were angels of God going up and down the ladder. Then, God talked with him.

Jacob woke up. He was really excited, because he suddenly understood that God was always with him. He had found heaven and understood that God was within him. God was in his Secret Place Within. The ladder in his dream helped Jacob to understand that it is okay to learn things one step at a time. The angels in Jacob's dream helped him to see that he could send messages to God, and God would send messages to him.

Jacob was so filled with joy, he thanked God and promised he would do his best to work with God.¹

THOUGHTS TO SHARE:

1. What are some things that we learn first? Where would we place them on Jacob's ladder?

2. The steps on the ladder tell us we learn to understand one thing at a time. Is that what we are doing when we practice playing ball or skating or reading or tying a shoe?

3. Is heaven in the clouds? What is heaven? Where is heaven?

4. When we send messages to God and God sends messages to us, what are we doing?

Place the angels and Jacob on his ladder. Ask the children what messages the angels delivered today. Write the messages on pieces of paper, cut them out, and pin them to the flannel board.

¹ Jacob's Ladder: Starting at Genesis 28:10 and the Metaphysical Bible Dictionary, page 314.
ASK, SEEK. AND KNOCK

2nd SUNDAY

BETWEEN US...
(FOR THE TEACHER)

We have worked on our Power of Understanding by using our five senses. There always comes a time when we want to know more. That is the time for us to ask, to seek and to knock. Have you noticed how sometimes you do not even know what the question is? But the bottom line is if we do not seek, and ask, and try different things nothing will happen.

The key to our understanding is prayer, because God knows the answer even when we do not know what we are seeking!

AHEAD OF TIME

1. Read through "Ask, Seek and Knock - The Game", page 7-11.
2. Follow the steps to prepare the game.
3. Gather the materials for the class.

Materials:

- Flannel board
- Pins
- Jacob's Ladder flannel board figures
- See materials list on page 7-13

WITH THE CHILDREN

With The Younger Children:

1. Help the children decorate their toilet tissue tubes to make their own "Seekers".
2. Play "ASK, SEEK, KNOCK - THE GAME".
3. Place the angels and Jacob on his ladder. Ask the children what messages the angels delivered today. Write the messages on a piece of paper, cut them out, and pin them to the flannel board.
4. Send home copies of the Parents' Page with any children new to the class or if they did not previously get one.
ASK, SEEK, AND KNOCK . . .

With The Older Children:

1. Help them to set up "ASK, SEEK, KNOCK - THE GAME" for some younger children to play.
2. Send home copies of the Parents' Page with any children new to the class or if they did not previously get one.
ASK, SEEK AND KNOCK - THE GAME

TO MAKE THE GAME:

This is a "floor" game set up like a board game and will take a bit of time to lay out. The idea is to help the children act out asking, seeking and knocking and to see what they will find when they do. See TO PLAY THE GAME (page 7-14).

The first thing to consider is the number of children you will likely have as you will want enough materials for each "stop" in the game. This will also help to determine whatever help you may need. Older children might find this fun to set up and run.

DESCRIPTION OF THE "STOP" INSTRUCTIONS:
Along the way the players will follow a path that takes them past the following "stops" (See p. 7-26). The children will be invited to do the following:

STOP #1. To write an affirmation. (See pp. 7-27, 28)
1. It can be as simple as "I am Seeking".
2. OR, have an older person present who can write or help write the affirmation for the younger children.

STOP #2. To peek under rocks. (See p. 7-28)
1. Find rubber bugs and worms. Plan to let the children take one home.
2. OR, find pictures of bugs and worms. Cut them out individually so the children can take one home.

STOP #3. To sit and watch the ants go by. (See p. 7-29)
1. Use copies of "A World of Ants" (Vol. 1, p.2-23). Have one for each child.
2. OR, bring in an ant farm.

STOP #4. To explore a cave. (See p. 7-29)
1. Drape a table with a large blanket. Place stuffed animals in it for the younger children and "hidden treasure" or "fossils" for the older ones.
2. Place flashlight/s at the entrance.

STOP #5. To eat lunch. (See p. 7-29)
1. Have a cookie.
ASK, SEEK AND KNOCK - THE GAME . . .

STOP #6. To watch the clouds go by. (See p. 7-30)
  1. Have blue construction paper, glue, and cotton balls for clouds. Let the child glue the cotton balls onto the blue paper.

STOP #7. To take a nap. (See p. 7-30)
  1. Have a blanket available for "napping".

STOP #8. To climb a mountain. (See p. 7-30)
  1. With the younger ones, let the children climb over a climbing/sliding toy if you can get the use of one.
  2. OR, have supplies there for the children to draw a picture of the mountain they would like to climb.

STOP #9. To sit and rest before going on. (See p. 7-31)

STOP #10. To find the door which opens. (See pp. 7-31,32)
  1. Make three "doors" following the instructions at the bottom of this page. Only one of the doors will open when knocked on, and the Key to the Kingdom of Heaven will be on the other side.

**Materials to Make the Game**

3 large paper towel boxes    Utility knife
Masking tape                 Paint (not red, yellow or blue)
Paint brushes                Black marker
Yard stick                   Scissors
A firm paper plate           Scrap of lightweight cardboard
Paper fastener              Glue
4" x 4" squares of paper     Gold spray paint
Construction paper - 5 red, 5 yellow, 5 blue
Copy of "Stop Instructions" (pp. 7-27 through 7-32)
Copy of "Golden Key & Pointer" (p. 7-25)
Cardboard (from cereal boxes)
Tubes from toilet tissue rolls

Acquire three large boxes from your grocer - ones that are big enough so a child can easily crawl through. Cut off one side of one of the boxes - a door will be cut into the opposite side. Using masking tape, tape closed any cracks in the box. Paint the outside of the box - except the bottom - any color except red, yellow or blue. Once the boxes are dry, draw a door on the side of each box.

7-12
ASK, SEEK AND KNOCK - THE GAME . . .

Choose one of the boxes and cut along the lines for the door so it will open. Make a finger hole in the door so it can be pulled open.

Cut the "Stop Instructions" apart. There are two 1's and two 8's from which to choose. Glue "Stop Instructions" 1, 4, 7 and 10 onto red construction paper; glue "Stop Instructions" 2, 5, 8, and 11 onto yellow, and glue 3, 6, 9 and 12 onto blue. Glue blue "Stop Instruction" 12 onto the door that opens. Glue the red "Stop Instructions" 10 and the yellow "Stop Instructions" 11 onto the other doors.

Make the spinner by dividing the back of a paper plate into three sections. Cut triangles that will fit the sections from the red, yellow and blue construction paper. Glue the paper into place. Cut a pointer from a piece of cardboard. Make a hole in the center of the paper plate and one in the center of the pointer. Using a brass paper fastener, attach the pointer to the plate. Check that the fastener is loose enough and the hole in the pointer is large enough so the pointer will spin easily.

"The Seeker", which is a spy glass for the children to look through while playing the game, can be made in class if there is time. Simply cover a toilet tissue tube with construction paper and decorate it. It will also work to make just one ahead of time and pass it from one player to the next.

Make each child a Golden Key by tracing the outline of the Golden Key onto a piece of cardboard. Cut out and spray paint gold. When dry, using a permanent black marker, write the word Prayer on it. The Golden Key lets us into that place where we can talk to God and find answers to our questions.

Number the 4" x 4" squares of paper 1 through the number of children you expect to have; then add a few more.

Gather the materials for the children to play with at each of the stops:

Materials to Play the Game
(Refer back to the description of the Stop Directions - p. 7-11)

1. Paper and pencils
2. Rocks and Bugs
3. Ants
4. Blankets, safety pins, flashlight/s, something of interest (see Set Up on next page)
5. Cookies, plate
6. Blue paper, cotton balls, glue
ASK, SEEK AND KNOCK - THE GAME...

7. Blanket/s
8. Climbing/sliding toy OR paper and markers or crayons
Golden Keys "Seekers"
Numbered 4" x 4" 's Masking tape
The three boxes with doors

SET UP THE GAME:

Following the diagram on page 7-26, tape the numbered stops onto the floor. Place a piece of masking tape between each of the numbered stops to make the path they are following visible to the children. At the end of the path set up the three boxes.

Next to each numbered stop, place the materials required by the "Stop Instructions".

The Cave can be made by placing blankets or sheets over a table and safety pinning them in place. Place something of interest in the cave - stuffed toys, hidden treasure, cave paintings, fossils. Choose something your group of children will enjoy finding. When finished making the cave, place a flashlight or two at the entrance - maybe even a hard hat?

Place the Golden Keys in box number 12 where they can't be seen.

Plan to have enough adults or older children to help the children understand what they need to do at each stop. Give the helpers their assignments.

TO PLAY THE GAME:

Place the numbered 4" x 4" squares on the floor upside down. Ask each child to pick up one. Tape the number to the child. This will be the starting order and will help the "Wise One" (game leader) to keep track of who is next.

The "Wise One" speaks:

Our game is about to start, and I am the "Wise One" who will help you to play the game.
ASK, SEEK AND KNOCK - THE GAME . . .

You know how Jacob had his Ladder to help him understand more and more, step by step. When he reached the top of the ladder he finally understood that each step took him a little closer to heaven - the state of mind where we are in harmony with the thoughts of God. That is when we really understand. We are going to play a game that will let us practice doing things that help us to understand and to open our door to heaven where we hear God's thoughts for us.

1 Jacob's Ladder is in reference to the ongoing use of this story throughout the section on Understanding. This paragraph can be eliminated when the game is played at other times.

There is something special for you when you get to the end of the game. When you find it, keep it hidden so no one else can see what it is until everyone is finished with the game. Then we will talk about what you did, and if we have time you may go try out something you didn't get to do during the game.

Placing the first child at the start of the game, the "Wise One" then reads the story:

Once there was a young princess/prince named (say the child's name). S/he was looking for something very important, but s/he didn't know exactly what it was. Being rather bright, Princess/Prince ___________ went to the King and Queen and said, "There is something I don't know, but I want to know. How do I find it?" The King and Queen answered her/him and said, "You are looking for the most important thing in the world, but only you can find it. The 'Wise One' will help you and will give you a magic 'Seeker' to look through as you go on your journey. The magic words that make the 'Seeker' work are: 'I am seeking!'" Thanking the King and Queen, Princess/Prince ___________ packed some cakes and a jacket, put on her/his walking shoes and went to the start of the path where the "Wise One" handed Princess/Prince ___________ a "Seeker". Princess/Prince ___________ said, "I am Seeking!".
ASK, SEEK AND KNOCK - THE GAME . . .

When the child says the magic words and peeks through the "Seeker", the "Wise One" spins the spinner and tells the child to which place s/he may go.

The above story is repeated until each child is involved in the game. Then the children will start their next turn by simply saying "I am Seeking" and the "Wise One" will spin the spinner to give direction.

NOTE: Stop number 9 is as close as the player can get to a door without going through one.
ENLIGHTENMENT

3RD SUNDAY

BETWEEN US . . .
(FOR THE TEACHER)

Enlightenment is when we exclaim, "Oh, I see!" We are always seeking enlightenment in one way or another. What we do not always grasp is that God has already turned on the Light Bulb. Enlightenment, which is Understanding in action, has happened, and we are just standing around saying, "What? Where?" What we eventually learn is that when God speaks through our intuition, it usually isn't a shout, it is just a pointing of the way.

Surely you have heard someone say that God has a sense of humor. Seeing how we are a part of God's creation, each time we express humor we must be expressing God. In the same sense, I suspect that God has a sense of fun and disguises intuition or inspiration. Often intuition or inspiration come to us as a song or a billboard or a dream or a T.V. commercial or as a traffic or street sign. How many times have you read the Bible or the Daily Word and it said just what you needed to hear at that moment? The key to getting the sign is to stay centered in God. Then we recognize it; know it is meant for us; and we exclaim, "Oh, I see!"

We are going to help the children become aware that they can look for signs from God.

AHEAD OF TIME

1. Think through what kind of signs the children would understand to help them get going with their project.
2. Read WITH THE CHILDREN (p. 7-18).
3. Tape a mural size sheet of paper to the classroom wall or prepare to lay it on the floor.
4. Make copies of the signs (p. 7-33).
5. Gather the materials for the class.

Materials:

<table>
<thead>
<tr>
<th>Flannel board &amp; pins</th>
<th>Jacob's Ladder flannel board figures</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mural size sheet of paper</td>
<td>Heavy black crayon</td>
</tr>
</tbody>
</table>

or

7-17
ENLIGHTENMENT...

Construction paper  Markers or crayons
Scissors  Glue

WITH THE CHILDREN

With The Younger Children:

1. Talk with the children about God putting out signs for us to see, and how as long as we remember to talk with God we will know the signs are meant for us.
2. Ask the children what signs God might send. Write them out on the mural in big black letters. Draw a box or circle or other shape around the lettering. When the children are finished with their ideas, have them color in the signs with the crayons.
3. Place the angels and Jacob on his ladder. Ask the children what messages the angels delivered today. Write the messages on a piece of paper, cut them out, and pin them to the flannel board.

With The Older Children:

1. Talk with the children about God putting out signs for us to see, and how as long as we remember to talk with God we will know the signs are meant for us.
2. Ask the children what signs God might send them. Have them make the signs up using the construction paper. If possible, post the signs around where they will be enjoyed.
3. Place the angels and Jacob on his ladder. Ask the children what messages the angels delivered today. Write the messages on a piece of paper, cut them out, and pin them to the flannel board.

IDEAS FOR TAKING HOME THE EXPERIENCE

1. Send home "Signs God May Give Us". If there is time, these may be colored in class.
2. Send home copies of the Parents' Page with any children new to the class or if they did not previously get one.
THERE IS ONLY GOD

4TH SUNDAY

BETWEEN US . . .
(FOR THE TEACHER)

Our ultimate understanding is that there is only God. Realizing there is only God, we behold the Christ in others. This makes it easy for us to practice the Golden Rule, for when we understand someone, we love him. Do you get a sense of a circle there? God gives us Understanding - through Understanding we realize love - God is Love - God gives us Understanding. Such wisdom Solomon had when he asked for an understanding heart!

You will be using balloons so please take appropriate precautions. If the children are young, you can take lunch bags, stuff them, and use them in place of the balloons.

AHEAD OF TIME

1. Make copies of "Understanding Feet" (p. 7-34).
2. Make some "Understanding Feet" ahead of time to test if the cardboard you are using is heavy enough or if you will want to add some weight to them so the balloon stays upright. See instructions in IDEAS FOR TAKING HOME THE EXPERIENCE, #1 (p. 7-20). If you have young children, make their cardboard feet ahead of time.
3. Gather the materials for the class.

Materials:

<table>
<thead>
<tr>
<th>Flannel board &amp; pins</th>
<th>Jacob's Ladder flannel board figures</th>
</tr>
</thead>
<tbody>
<tr>
<td>Large balloons</td>
<td>permanent black marking pen/s</td>
</tr>
<tr>
<td>Cardboard</td>
<td>Copies of &quot;Understanding Feet&quot;</td>
</tr>
<tr>
<td>Scissors</td>
<td>Glue</td>
</tr>
<tr>
<td>Markers or crayons</td>
<td>Tape</td>
</tr>
<tr>
<td>Cardboard feet</td>
<td>OR Paper bags with stuffing</td>
</tr>
</tbody>
</table>
THERE IS ONLY GOD . . .

WITH THE CHILDREN

We know that the location for the Power of Understanding is in the forehead, BUT feet are often used as a symbol for understanding. Why do you think that would be? . . . That’s right, because they are standing under us - understanding. And what is under us? . . . (Let this one be talked about until someone says "God".)

We are going to make some Understanding Feet today that will remind us that "God stands under me."

If you have extra time, learn a new song (see p. 7-21) and sing some old favorites.

IDEAS FOR TAKING HOME THE EXPERIENCE

1. Color in a copy of "Understanding Feet". Cut around it leaving a wide margin (1/2" to 1" inch). Glue the feet to a piece of cardboard. Cut out the feet along the lines. Punch the hole where marked. Blow up a balloon, knot it, and with the permanent marker write on it things we know - include Faith, Love, Strength, Wisdom, Imagination, Power, and Understanding. Poke the tail of the balloon through the hole in the feet and tape it securely.

2. Place the angels and Jacob on his ladder. Ask the children what messages the angels delivered today. Write the messages on a piece of paper, cut them out, and pin them to the flannel board.

3. Send home copies of the Parents’ Page with any children new to the class or if they did not previously get one.
GAMES AND SONGS
5th SUNDAY

This is a day to celebrate the Power of Understanding. Ahead of time, brainstorm with the children how they might like to celebrate. One idea is to have a party and decorate with gold and Jacob's Ladder. If it is a nice day, go outside. The following are some other ideas: stories could be re-told, the flannel board used, puppets brought out...

SONGS:

"A Happy Life"
   Come Share My Joy, p. Side 2 No. 6
"Answer Me"
   Come Share My Joy, p. Side 2 No. 14
"Disciple Song"
   Sing a Joyful Song, p. 9
"Golden Rule Song"
   Sing a Joyful Song, p. 17
"Growing Love"
   Come Share My Joy, p. Side 1 No. 1
"I Love All People"
   Sing a Joyful Song, p. 46
"In the Very Middle You’re a Lot Like Me"
   Come Share My Joy, p. Side 1 No. 10
"Jacob’s Ladder"
   Wings of Song, p. 321
"Whisper a Prayer"
   Sing a Joyful Song, p. 58

GAMES:

12 Powers Song/Circle See page 2-21.

Pin on the Power See page 5-16.
Dear Parent:

The children are learning to practice the Power of Understanding.

For your quick reference here is some information about Understanding:

Understanding is represented in the Old Testament by:  Manasseh
Understanding is represented in the New Testament by:  Thomas

Color:  Gold
Location:  Forehead
Bible Verses:  1 Kings 3:12 (King James Version); Psalms 119:105, 136:5; 
 Proverbs 2:1-5, 9:11, 3:5, 6 (KJV), 3:13-19, 4:7 (KJV), 18:2; 
 Jeremiah 10:12;  Ephesians 3:17-19.

Things to do:
1. Understanding is developed by doing and experimenting with our senses. 
   Make a special box in which to keep things that will remind the family of 
   special occasions. If you go to a beach pick up rocks or sea shells to 
   remember the event by touch. Find other ways of remembering an event 
   by scent (a bottle of fragrance), sound (a snapping twig), sight (a postcard) 
   or taste (some candy from a carnival).

2. Together, make some vanilla pudding, dividing it into separate containers 
   so food coloring can be added to each. On a cookie sheet with an edge, 
   place each color of pudding in its own spot. Using just hands, spread the 
   pudding out over the pan. This will be an experience in seeing colors 
   change, feeling the texture of the pudding, smelling it and tasting it. 
   Pictures can be drawn in it, spelling words practiced, or messages left for 
   each other. Please remind your child that it is not to eat after its first use 
   as it can spoil. It can be placed in the refrigerator in between times.

3. Take time for a family massage. This is a tactile experience which leads 
   into understanding others' feelings.

4. Suggested books:  Berenstein Bears In The Dark by Berenstein; Magic 
   Journey by Klipper; The Sky Jumps Into Your Shoes At Night by Tomkins; 
   Look At Me Now by Watson. Check your library or local bookstore for 
   these books.

"Give me understanding, that I may keep your law 
and observe it with my whole heart."
Psalm 119:34

7-22
JACOB'S LADDER FIGURES
To make ladder taller make two and tape together.
GOLDEN KEY TO THE KINGDOM OF HEAVEN
AND
SPINNER
1. GET OFF TO A GOOD START!

Make an affirmation about Asking, Seeking and/or Finding and ask your helper to write it out for you or to spell the letters so you can write it out.
1. GET OFF TO A GOOD START!
Make an affirmation about Asking, Seeking and/or Finding and write it out. It can be as simple as "I am Seeking".

2. PEEK UNDER ROCKS.
You may take a critter with you.
3. Sit and watch the ants go by.

4. Explore the cave.

5. This is a good place to stop for a snack. Have a cookie!
6. WATCH THE CLOUDS GO BY.
   Make your own clouds by gluing the cotton balls onto the blue paper.

7. TAKE A NAP.
   Put the blanket around your shoulders in case the wind comes up.

8. CLIMB A MOUNTAIN.
8. CLIMB A MOUNTAIN.
   Draw a picture of the mountain you would like to climb.

9. HO-HUM!
   Sit and take a rest before going on.

10. A DOOR !!!! . . . KNOCK.
    THERE IS NO ONE HOME. MOVE BACK ONE SQUARE.
11. A DOOR! Knock. There are loud noises coming from inside. No one can hear you. Move back two squares.

12. A DOOR!

"Knock and the door will be opened for you."

- Matthew 7:7
God stands under me !!!