



Syllabus: SPD 100 Unity Prayer

Course Overview

Course Instructor

Name	Rev. Patrick McAndrew
Virtual Office Hours	Thursdays & Fridays, 6:30 to 8:30 pm Central or by appointment
Telephone	405-420-4926
E-Mail	UnitySLC@msn.com
Response Time Policy	Within 24 hours of call or email unless otherwise indicated through automatic message

Course Description

Affirmative meditative prayer is at the heart of the Unity spiritual path. The Unity way of prayer is ultimately aimed at experience of the Divine and Realization of the practitioner's Divine Potential. Along the way there are practical benefits, including guidance, healing and abundance. In this course, students are introduced to Unity's Five Step Prayer Process and supported in developing their daily prayer practice.

Course Learning Objectives

By the end of the course learners will be able to:

- Describe and demonstrate the application of the principles of Truth present in the five-step prayer process.
- Identify their current prayer method and compare and contrast with the Unity method of affirmative prayer.
- Create a prayer practice that the student can maintain.

Required Books

- Hasbrouck, Hypatia. *Handbook of Positive Prayer*. Unity Village: Unity, 1984.
- Martella-Whitsett, Linda. *How to Pray Without Talking to God*
- Klotz, Neil Douglas. *Prayers of the Cosmos*. 1993

Recommended Books

- Rowland, May. *Dare to Believe* (Available for free at Truthunity.net)
- Butterworth, Eric. *Discover the Power Within You*
- Foulkes, Francis. *Effectual Prayer* (Available for free at Truthunity.net)

- Fillmore, Myrtle. **How to Let God Help You**, Unity Village (Available for free at <http://newthoughtlibrary.com/>)
- Cady, Emilie, **Lessons in Truth** (Available for free at Truthunity.net)
- Ingraham, EV. **Meditation in the Silence** (Available for free at Truthunity.net)

Live Collaborate Class Sessions

All times Central Time (CT) Zone

April 2024

1. Tuesday, April 16 – 7:00 to 8:00 p.m. CT
2. Tuesday, April 23 – 7:00 to 8:00 p.m. CT
3. Tuesday, April 30 – 7:00 to 8:00 p.m. CT

May 2024

4. Tuesday, May 7 – 7:00 to 8:00 p.m. CT
5. Tuesday, May 14 – 7:00 to 8:00 p.m. CT
6. Tuesday, May 21 – 7:00 to 8:00 p.m. CT