



Syllabus

SPD 120 Discerning Your Purpose

Course Overview

Course Instructor

Name	Reverend Doug Duerr, SME
Virtual Office Hours	Thursdays between 3:00 and 5:00 p.m. Central by appointment
Telephone	Office: 816-875-9750
E-Mail	revdoug@ministryspecialist.com
Response Time Policy	Within 24 hours of call or email unless otherwise indicated. With the exception of Saturday and Sunday. I will not be available for calls or respond to e-mails on weekends.

Course Description

The spiritual path diverges in many ways. Discerning which path to take is both a reflective and an action-packed process. In this course, we take a look at our strengths and abilities, as well as, our desires and passions to help to determine what actions to take or better yet, to discover the questions. Getting to a full-bodied 'yes' may be a desired outcome for some, while for others may find forming the questions for clarity more beneficial. Being on the path of your purpose is enlivening and fulfilling, and it also comes with real-life challenges. How do we navigate this terrain?

Rev. Doug Duerr, SME, designed this course, after years as a coach, trainer, and mentor to those on the path of self-discovery. The invitation is to be open, trust the process and "invite your inner wisdom teacher to emerge, it knows the way."

Discerning Your Purpose provides a process for challenging your thoughts and desires along with accountability steps to manifest that achievement. Learners will explore their skills, abilities and spiritual gifts while discovering the 'next steps' for progressing to the desired outcome.

About Your Instructor

Rev. Doug Duerr, SME, designed this course, after years as a coach, trainer, and mentor to those on the path of self-discovery. He serves faith-based communities by supporting ministries and leaders in key areas of organizational leadership and wellbeing.

He is a Certified Ministry Consultant, Transition Specialist, author, and is *Dare to Lead*™ trained from Brené Brown. He is also a faculty member for [UWSI](#) and represents Unity on the Board of Directors for the [Interim Ministry Network](#), an organization dedicated to "strengthen the spiritual and organizational health of faith communities by equipping and supporting those who lead during times of transition." His coaching and consulting business is grounded in "[Unlocking the creative genius of communities and co-creating a culture of belonging.](#)"

This course provides a process for challenging your thoughts and desires along with accountability steps to manifest that achievement. Learners will explore their skills, abilities and spiritual gifts while discovering the 'next steps' for progressing to the desired outcome.

Course Learning Objectives

By the end of the course, learners will be able to:

- Articulate and refine a clear vision/purpose statement with steps of accountability and goals along the way
- Develop a time line of goals; identify and celebrate when at each stage
- Define personal skills, abilities and passions; understand the difference and determine the next steps to support their purpose

Required Text/Readings

- Levoy, Gregg. *Callings: Finding and Following an Authentic Life*. any edition. New York: Three Rivers Pr., ©1998.

Recommended Readings/Handouts

- Brumet, Robert. *Finding Yourself in Transition: Using Life's Changes for Spiritual Awakening*. Unity Village, MO: Unity Books, 2001, 1995.
- Rosenberg, Marshall. *Nonviolent Communication: A Language of Life*. Puddledancer Press; 3rd edition. September 1, 2015.
- Palmer, Parker J. *Let Your Life Speak: Listening for the Voice of Vocation*.

Live Collaborate Class Sessions

All times Central Time (CT) Zone

April 2024

1. Wednesday, April 17 – 7:00 to 8:30 p.m. CT
2. Wednesday, April 24 – **No Collaborate Session**

May 2024

3. Wednesday, May 1– 7:00 to 8:30 p.m. CT
4. Wednesday, May 8– 7:00 to 8:30 p.m. CT
5. Wednesday, May 15– 7:00 to 8:30 p.m. CT
6. Wednesday, May 22– 7:00 to 8:30 p.m. CT
7. Wednesday, May 29– 7:00 to 8:30 p.m. CT