

Turning of the Seasons Four Directional Prayer

Creator, It is I.

Thank you for today's sunrise,
for the breath and life within me,
and for all of your creations.
Creator, Hear my prayer, and honour my prayer.
As the day begins with the rising sun,

I ask, Spirit keeper of the East, Brother Eagle,
Be with me.



Fly high as you carry my prayers to the Creator.
May I have eyes as sharp as yours,
so I am able to see truth and hope on the path I have chosen.
Guide my step and give me courage to walk
the circle of my life with honesty and dignity.



Spirit keeper of the South, Wolf,
Be with me.

Help me to remember to love
and feel compassion for all mankind.
Help me to walk my path with joy and love
for myself, for others, for the four legged,
the winged ones, the plants and all creation
upon Mother Earth.
Show me it is right for me to make decisions
with my heart, even if at times, my heart becomes hurt.
Help me to grow and nurture my self worth in all ways.



Spirit Keeper of the West, Brown Bear,
Be with me.

Bring healing to the people I love and to myself.
Bring into balance the physical, mental and spiritual,

so I am able to know my place on this earth,
in life and in death.

Heal my body, heal my mind and
bring light, joy and awareness to my spirit.



Spirit Keeper of the North, White Buffalo,
Be with me.

As each day passes, help me to surrender,
with grace, the things of my youth.

Help me to listen to the quiet, and find serenity and comfort
in the silences as they become longer.

Give me wisdom so I am able to make wise choices
in all things which are put in front of me,

And when time for my change of worlds has come,
Let me go peacefully, without regrets, for the things
I neglected to do as I walked along my path.



Mother Earth,
Thank you for your beauty,
And for all you have given me.
Remind me never to take from you
more than I need, and
remind me to always give back more than I take.

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